

# The Rock, Sunday 1<sup>st</sup> November 2020

## Safe on a Rock.

### Warm up

Dance to, join in with the actions and sing our Rock song.

This video has the words:

<https://www.youtube.com/watch?v=dcAG4PbNXaA>

This video has the actions: <https://youtu.be/8dbOgbRxC1M>



### Getting started

#### *Equipment*

Lego bricks or mega blocks.

Encourage the children to make simple buildings. See how high they can make the buildings. Ask what happens when the buildings fall down – do they break?

**The Point:** Just for fun.

### Teaching time

#### *Equipment*

Wooden blocks, mega blocks, a board for building on, a cloth.

Ask the children to build a house, building it onto the board. Then ask the children to build a house on the piece of cloth.



Tell the story:

“This is a story that Jesus told.

Once upon a time two men decided to build houses. One of the men was in a hurry. He chose a nice flat piece of sand and he set to – he built his house quickly on the sand, and when it was finished he moved in.

The other man wanted to build properly. He chose a piece of rock – it was difficult to build on but he wanted his house to be very strongly built. He dug into the rock and made strong foundations – does anyone know what a foundation is? It’s a bit like the house’s roots. When the foundations were done he started to build his house.

Eventually, after a long, long time, it was finished.

And then, one night, there was a terrible storm! There was thunder and lightning and lots and lots of rain. The owners of the houses shut the doors and watched.

The house built on the rock was safe. Its foundations kept it standing. But the house on the sand was not so lucky. It hadn’t got a foundation, so when the wind blew and the rain made the sand all wet it just fell over!”

Ask a child to pull the board that the Lego house is built on – it will stay standing. Ask a child to pull the cloth that the brick house is on. It will fall.

Finish by saying that Jesus said that the man who built the house on the rock is like a person who loves Jesus. He is safe.

**The Point:** To tell the story.

## Craft and activity ideas

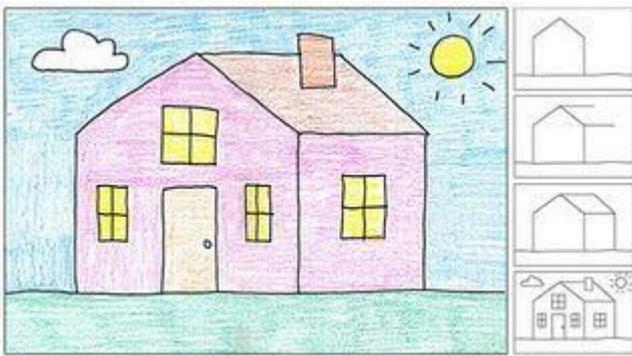
### 1.

#### *Equipment*

Outlines of house shapes, small pieces of orange or red paper, glue.

Draw a simple house shape on paper.

Cut up brick shaped pieces of paper and let the children fill in their house outlines with bricks or brick patterns/walls. They might also want to colour in doors and windows.



**The Point:** For fun and to remember the houses in the story.

### 2.

#### *Equipment*

Paper and paints, paint brushes, newspaper.

Ask the children to paint a picture with houses in it. They might also want to put in gardens.

When the picture is finished show them how to dip a paint brush into blue paint and tap the end so that splodges of paint fall onto the picture. They should splash paint all over to make a storm in their picture.

**The Point:** To think about the storm in the story.

## .Prayer

#### *Equipment*

A piece of paper with “Jesus” written on it, bricks/ lego.

Put the paper which says “Jesus” in the middle of the circle of children/adults.

Say that when we trust Jesus, when we want to do what he tells us, we are safe.

Give each child (or each adult) a brick – they don’t all have to be the same.

Invite them to put the brick onto the Jesus paper. If they want they can pray by themselves as they do so – just a short prayer thanking Jesus that he looks after people who trust him.

# JESUS

You could use this prayer:

Father, thank you that you look after us when we love Jesus and when we follow him.  
Amen.

**The Point:** To respond to the fact that Jesus keeps us safe.

**THE ROCK**

(Material taken from Energize by Urban Saints - <https://www.energize.uk.net/>)