

The Rock, Sunday 7th February 2021

Unbelievable Grace

Warm up

Dance to, join in with the actions and sing our Rock song.

This video has the words:

<https://www.youtube.com/watch?v=dcAG4PbNXaA>

This video has the actions: <https://youtu.be/8dbOgbRxC1M>



Getting started

Equipment

Selection of random objects in a pile.

Choose objects from the pile to load up on the children. Objects could be absolutely anything; in various shapes and sizes; from a blanket, tennis racket, football, cup or pen!

Play continues until the child drops something!

The Point: to gently introduce the idea of God lavishing His grace on us.

Teaching time

Equipment

Text of Ephesians 2:1-10, paper, pens and pencils.

Gather the children together and look at the text in Ephesians 2:1-10. This passage beautifully explains God's gifts of grace, but with younger children, you may make it more accessible and more easily understood by summarising or paraphrasing the text, perhaps reading smaller segments.

Tell the children that this passage was from a letter written to followers of Jesus to explain more about what Jesus has done for us, and what it means to follow Him. Ask the children what this passage says are the gifts we receive because of God's grace, and discuss what these things mean.

GRACE

Invite the children to write, draw or doodle some of the things God gives us, that have come up from this passage or from your discussion. As they note these down, encourage the children to keep talking about what these things mean to them.

The Point: To explore how God shows us His grace.

Response

Equipment

Large sheet or roll of paper, pens and pencils

Spread out a sheet or roll of paper in the centre of the group and write the letters: G R A C E on it in large 'bubble writing.' (For this age group, it may be better to write it in lower case letters.)

GRACE

Invite the children to gather round and talk to them about some of the things you have explored during this session, about how God is gracious to us. Explain to the children that we too can be people who are gracious; showing grace, love and forgiveness to people around us.

Distribute the pens and pencils and invite the children to write, draw or doodle their ideas about how we can be people of grace, inside the letters. Encourage the children to think of real life, practical examples of situations they may encounter and to be realistic about how they can show grace here.

Take the opportunity to continue the discussion as they do so.

The Point: To encourage the children to think about how they can be bringers of grace.

THE ROCK

(Material taken from Energize by Urban Saints - <https://www.energize.uk.net/>)